



# 2019 Texas Classes

PRESORTED  
STANDARD  
POSTAGE & FEES  
PAID  
INDIANAPOLIS, IN  
PERMIT NO. 1547

Seminar	ID #	Start	End	Location
Hostage Phase I & II	16077	Jan 7	Jan 11	Grand Prairie
Property & Evidence Room Detective and New Criminal Investigator	15949	Jan 8	Jan 9	New Braunfels
Supervising Toxic Officer	15950	Jan 14	Jan 18	New Braunfels
Supervisor Liability	15984	Jan 15	Jan 17	Galveston
Managing the FTO Unit	16028	Jan 28	Jan 29	Georgetown
Dark Web Investigations	15861	Jan 29	Jan 31	Allen
Solving Homicides	15900	Jan 30	Jan 31	New Braunfels
Courtroom Security	15951	Feb 5	Feb 7	New Braunfels
Mastering Leadership Skills	15952	Feb 12	Feb 13	New Braunfels
Detective and New Criminal Investigator	15953	Feb 25	Feb 27	New Braunfels
Resiliency, Peer Support and Suicide Prevention	16030	Feb 25	Mar 1	Pharr
Managing the Drug Unit	15954	Mar 5	Mar 6	New Braunfels
Hostage Phase III	16029	Mar 18	Mar 20	Georgetown
Supervising Toxic Officer	16078	Mar 18	Mar 22	Grand Prairie
FTO Certification	15955	Mar 19	Mar 21	New Braunfels
Child Death Investigation	15956	Mar 25	Mar 29	New Braunfels
Calming The Fire	15957	Apr 15	Apr 16	New Braunfels
How to Be An Effective FTO	15958	Apr 25	Apr 26	New Braunfels
PREA Investigator Training	16092	May 6	May 10	Baytown
<i>PATC Training Conference in Corpus Christi—May 14-15, 2019</i>				
Property & Evidence Room	16135	May 14	May 15	Corpus Christi
Dark Web Investigations	16136	May 14	May 15	Corpus Christi
Advanced Internal Affairs	16137	May 14	May 15	Corpus Christi
Stress Mgt. for Law Enforcement	16138	May 14	May 15	Corpus Christi
Active Shooter	16139	May 14	May 15	Corpus Christi
Proactive Leadership Skills	15959	May 20	May 22	New Braunfels
5 Day, Death & Homicide	15961	June 3	June 7	New Braunfels
Mastering Leadership Skills	16026	June 10	June 12	Georgetown
School Violence	15962	June 17	June 19	New Braunfels

## ~2 WAYS TO REGISTER~

Online: [www.patc.com](http://www.patc.com) Phone: 1-800-365-0119



**Public Agency Training Council**  
5235 Decatur Blvd  
Indianapolis, Indiana 46241  
Phone: 1-800-365-0119  
Fax: 317-821-5096  
Email: [questions@patc.com](mailto:questions@patc.com)  
Visit us on the Web at:  
[www.patc.com](http://www.patc.com)

March 5 & 6, 2019 • New Braunfels, Texas

# Public Agency Training Council

Mark Waterfill, President



National Criminal Justice  
Public Safety Continuing Education

Sponsored By:  
**Comal County Sheriff's Office**  
New Braunfels, Texas

TCOLE CREDIT WILL BE GIVEN TO EACH ATTENDEE

## Training Seminar *Resiliency, Peer Support and Suicide Prevention:* *A Comprehensive Response to The Challenges of Service*

**Instructor:  
Silouan Green**

Silouan Green graduated from Vanderbilt University with a BS in Mathematics and then accepted a commission in the United States Marine Corps. After being disability discharged from the Marines due to a jet crash, he began a 30,000 mile motorcycle journey to heal that ended when he stopped to publish what became an internationally distributed, award-winning outdoors magazine, Bearfoot Magazine- Journal of Northern California Outdoors. He then developed The Ladder UPP life skills program which has been used world wide by our military, law enforcement, veterans, first responders, and many others to process and overcome the trials and transitions of life and service. He has also published two books, "Sycamore Hill" and "Who Am I?". Silouan has taught and spoken to a wide variety of organizations and groups including: Department of Homeland Security, National Association of Hostage Negotiators, Broward County Sheriff's Office, California Highway Patrol, Chicago PD, Walter Reed Medical Center, Fort Bragg, the University of California, the University of Wisconsin, Indiana University, Purdue University, Fort Campbell, Camp LeJeune, the American Red Cross, the Marine Corps League, the Indiana Department of Mental Health, Mental Health America, the National Association of Mental Illness, the Veterans Administration, the National Guard, hundreds of police and sheriff's departments, countless conventions and many other mental health and community organizations across the country.

**March 5 & 6, 2019**  
New Braunfels, Texas

Register On-Line At: [www.patc.com](http://www.patc.com)

# Resiliency, Peer Support and Suicide Prevention:

## A Modern Response to Age-Old Challenges of Service

### Course Overview:

This two day training module is taught by author and former Marine, Silouan Green. He has worked with the military, law enforcement, and other first responders for over fifteen years on issues of resiliency, peer support, suicide prevention and mental fitness. A survivor of a tragic jet crash as a US Marine and someone who overcame severe PTSD and suicidal ideations, he understands personally what it takes to overcome the trials and traumas of life to live with meaning and purpose. As a mentor and teacher to many police departments and law enforcement officers across the country, he is committed to helping them all "come home".

Law enforcement is facing a host of pressures: morale, budgeting, staffing, a hostile media environment, and a myriad of other issues. In many ways, their struggle to "come home" can be as challenging as that of a military veteran.

This class will increase the resiliency of officers while equipping them to train and respond to their fellow officers. A resilient, pro-active department focused on mental fitness increases performance, morale, retention, and recruitment.

### Upon Completion, Students Will Be Able To:

- Investigate the connection between suicide, PTSD, and the traumas of service
- Address the impact of service on family and personal issues and how to find balance at work and at home
- Learn tools for helping officers make healthy transitions from conditions of trauma
- Create a culture of resiliency and pro-active community awareness for first responder issues
- Learn and use simple peer support tools that can be used in your department and your community
- Promote a culture of mental fitness that makes your officers stronger and more resilient
- Respond quicker to officers in crisis to decrease the risks of self-medication, family troubles, and suicide

# Seminar Agenda

## Resiliency, Peer Support and Suicide Prevention:

### A Modern Response to Age-Old Challenges of Service

March 5 & 6, 2019 • New Braunfels, Texas

### Tuesday, March 5, 2019

8:00 a.m.– 8:30 a.m.	<b>Registration</b>
8:30 a.m.– 10:00 a.m.	The Development of Trauma
10:00 a.m.– 11:30 a.m.	The Symptoms of Psychological and Spiritual Crisis
11:30 a.m.– 12:30 p.m.	<b>Lunch (On Your Own)</b>
12:30 p.m.– 1:30 p.m.	Current Approaches and Responses to Trauma
1:30 p.m.– 4:30 p.m.	The Link Between Existential Crisis and Trauma

### Wednesday, March 6, 2019

8:00 a.m.– 10:00 a.m.	Personal Resiliency Tools
10:00 a.m.– 11:30 a.m.	Best Peer Support Practices and Methods
11:30 a.m.– 12:30 p.m.	<b>Lunch (On Your Own)</b>
12:30 p.m.– 1:30 p.m.	Transitioning Tools
1:30 p.m.– 3:00 p.m.	The Ladder UPP
3:00 p.m.– 4:00 p.m.	Small Group Exercises
4:00 p.m.	<b>Certificate Presentation</b>

Cut Along Dotted Line

### 3 Ways to Register for a Seminar!

1. **On-line Registration** at [www.patc.com](http://www.patc.com) — Yellow/Blue link in corner
2. **Fax Form** to Public Agency Training Council **FAX: 1-317-821-5096**
3. **Mail Form** to

**Public Agency Training Council**  
5235 Decatur Blvd  
Indianapolis, Indiana 46241

**\*NEW**

**Federal ID# 47-4078912**

**\*NEW**

**\*\*\* Pre-payment is not required to register \*\*\***

Upon receiving your registration we will send an invoice to the department or agency.

Checks, Claim Forms, Purchase Orders should be made payable to:

**Public Agency Training Council**

If you have any questions please call  
**317-821-5085 (Indianapolis)**  
**800-365-0119 (Outside Indianapolis)**



<b>Seminar Title:</b>	<b>Resiliency, Peer Support and Suicide Prevention: A Modern Response to Age-Old Challenges of Service</b>	<b>Seminar ID #15954</b>
<b>Instructor:</b>	<b>Silouan Green</b>	
<b>Seminar Location:</b>	<b>Comal County Sheriff's Office</b> 3005 West San Antonio Street New Braunfels, Texas 78130	<b>Note:</b> Identify with the <b>Public Agency Training Council</b> to receive discounted room rates
<b>When:</b>	March 5 & 6, 2019	
<b>Registration Time:</b>	8:00 A.M. (March 5, 2019)	
<b>Hotel Reservations:</b>	<b>Fairfield Inn &amp; Suites</b> 1465 IH-35 N New Braunfels, Texas 78130 1-830-626-3133 \$93.00 Single or Double (plus tax)	<b>Courtyard</b> 750 IH-35 N New Braunfels, Texas 78130 1-830-626-4700 \$119.00 S/D (plus tax) \$139.00 Peak Summer Season
<b>Registration Fee:</b>	\$295.00 Includes Resiliency, Peer Support and Suicide Prevention: A Modern Response to Age-Old Challenges of Service Course Material, Coffee Breaks, and Certificate of Completion.	

**Names of Attendees** 1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

**Agency** \_\_\_\_\_

**Invoice To Attn:** \_\_\_\_\_  
(Must Be Completed)

**Address** \_\_\_\_\_

**City** \_\_\_\_\_ **State** \_\_\_\_\_ **Zip** \_\_\_\_\_

**Email** \_\_\_\_\_

**Phone** \_\_\_\_\_

**Fax** \_\_\_\_\_